

You're the one that I want



Fun theme dance

Music : You're the one that I want by John Travolta & Olivia Newton-John

Intro 16 counts, dance starts on vocals

PART A:

BIG STEP RIGHT, POINT, TOUCH, POINT, TOUCH

1-4 RF big step to right, LF silde to RF (weight stay on RF)

5-8 LF point left, LF touch to RF, LF point left, LF touch to RF

BIG STEP LEFT, POINT, TOUCH, POINT, TOUCH

1-4 LF big step to left, RF silde to LF (weight stay on LF)

5-8 RF point right, RF touch to LF, RF point right, RF touch to LF

BIG STEP RIGHT, POINT, TOUCH, POINT, TOUCH

1-4 RF big step to right, LF silde to RF (weight stay on RF)

5-8 LF point left, LF touch to RF, LF point left, LF touch to RF

STEPS IN PLACE

1-8 Quick steps Right left on &1&2&3&3&4&5&6&7&8

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP SIDE, TOUCH, STEP SIDE, TOUCH, STEP SIDE,

TOUCH, STEP SIDE, TOUCH

1-4 RF step forward, touch LF to RF, LF step forward, touch RF to LF,

RF step forward, touch LF to RF, LF step forward, touch RF to LF

5-8 RF step side, LF touch to RF, LF step side, RF touch to LF

RF step side, LF touch to RF, LF step side, RF touch to LF

STEP BACK, TOUCH, STEP BACK, TOUCH, STEP BACK, TOUCH, STEP BACK, TOUCH, STEP SIDE, TOUCH, STEP SIDE, TOUCH, STEP SIDE, TOUCH, STEP SIDE, TOUCH

1-4 RF step back, touch LF to RF, LF step back, touch RF to LF, RF step back, touch LF to RF,

LF step back touch RF to LF

5-8 RF step side, LF touch to RF, LF step side, RF touch to LF, RF step side, LF touch to RF,

LF step side, RF touch to LF

REPEAD SECTION 1 & 2 FROM PART B

STEP SIDE, TOUCH, STEP SIDE, TOUCH, STEP SIDE, TOUCH, STEP SIDE, TOUCH

1-4 RF step side, LF touch to RF, LF step side, RF touch to LF, RF step side,

LF touch to RF, LF step side, RF touch to LF

PART B:

KICK, STEP, KICK, STEP, KICK, STEP, KICK, STEP, OUT, HOLD, OUT, HOLD, IN, HOLD, IN, HOLD

1-4 RF kick forward, RF step in place, LF kick forward, LF step in place, RF kick forward, RF step in place, LF kick forward, LF step in place

5-8 RF step out, hold, LF step out, hold, RF step centre, hold, LF step centre, hold

KICK, STEP, KICK, STEP, KICK, STEP, KICK, STEP, OUT, HOLD, OUT, HOLD, IN, HOLD, IN, HOLD

1-4 RF kick forward, RF step in place, LF kick forward, LF step in place, RF kick forward, RF step in place, LF kick forward, LF step in place

5-8 RF step out, hold, LF step out, hold, RF step centre, hold, LF step centre, hold

KICK, STEP, KICK, STEP, KICK, STEP, KICK, STEP, OUT, HOLD, OUT, HOLD, IN, HOLD, IN, HOLD

1-4 RF kick forward, RF step in place, LF kick forward, LF step in place, RF kick forward, RF step in place, LF kick forward, LF step in place

5-8 RF step out, hold, LF step out, hold, RF step centre, hold, LF step centre, hold

POINT FORWARD, HIP BACK, HIP FORWARD, HIP BACK, HIP FORWARD, HIP BACK, HIP FORWARD, HIP BACK, HIP FORWARD,(WITH ARMS)

1-4 RF point forward, move hip back, move hip forward, hip back, hip forward (arms front of body)

5-8 move hip back, move hip forward, hip back, hip forward (arms up in the air)

POINT FORWARD, HIP BACK, HIP FORWARD, HIP BACK, HIP FORWARD, HIP BACK, HIP FORWARD, HIP BACK, HIP FORWARD,(WITH ARMS)

1-4 LF point forward, move hip back, move hip forward, hip back, hip forward (arms front of body)

5-8 move hip back, move hip forward, hip back, hip forward (arms up in the air)

Dance: A B A B B B

Have fun!!

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