

# Hard Days



Choreographed by : Ivonne Verhagen  
Music : Hard Days (Nashville Season 6 Episode 8)  
Type : 32 Counts 4 wall Improver Line Dance  
Intro : Start dance after 16 counts (on vocals)

## **CHASSE' RIGHT, ROCK STEP, ¼ TURN RIGHT, CHASSE' LEFT, ROCK STEP**

1&2 RF step to the side, LF close to RF, RF step to the side  
3,4 LF rock step back, RF recover weight on RF  
5&6 ¼ turn right & LF step to the left side, RF close to LF, LF step to the left side (3:00)  
7,8 RF rock step back, LF recover weight

## **2X KICK BALL CROSS, ROCK STEP, COASTER STEP**

1&2 RF kick diagonal forward, RF step down on RF, LF cross over RF  
3&4 RF kick diagonal forward, RF step down on RF, LF cross over RF  
5,6 RF rock right to the side, LF recover weight on LF  
7&8 RF step back, LF close to RF, RF step forward

## **SHUFFLE FORWARD, PIVOT ½ LEFT, KICK BALL TOUCH, LOOK BACK & LOOK FORWARD**

1&2 LF step forward, RF close to LF, LF step forward  
3,4 RF step forward, ½ turn left (weight ends on LF) (9:00)  
5&6 RF Kick forward, RF step in place, LF touch forward  
7 Turn body right bending knees slightly in a sit position (Look over right shoulder)  
8 Turn body to the front (Look forward again) Weight ends on LF

## **MONTEREY TURN 1/4 RIGHT, JAZZ BOX 1/4 TURN RIGHT**

1,2 RF touch side, Turn ¼ right & step RF beside LF (12:00)  
3,4 LF touch side, Step LF beside RF  
5,6 RF cross over LF, LF step back  
7,8 ¼ turn right & RF step side, LF cross over RF (3:00)

Have fun!

[www.ivonneenco.eu](http://www.ivonneenco.eu)

<http://www.youtube.com/user/ivonneverhagen>

[ivonne.verhagen70@gmail.com](mailto:ivonne.verhagen70@gmail.com)

Phone 0031 (0) 61514 3696

