We Get One Shot

Choreographers: Daniel Trepat (NL), Rob Fowler (UK) & Darren Bailey (UK)

Aug. 2015

48 counts 4 wall Line Dance Type of dance:

High Improver Level:

One Shot by Rob Thomas Music:

4 counts from first beat in music (app. 2 sec. into track). Start when he starts singing Restart in the 5^{th} & 6^{th} wall after 32 counts Intro:

restart:

de, Together, Half Rumba Box, Side, Together, Half Rumba Box ep R to R side (1), Step L next to R (2) ep R to R side (3), Step L next to R (&), Step R forward (4) ep L to L side (5), Step R next to L (6) ep L to L side (7), Step R next to L (&), Step L backwards (8) pasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross ep R backwards (1), Step L next to R (&), Step R forward (2) ep L forward (3), ¼ turn L stepping R to R side (4) eps L behind R (5), Step R on ball to R side (&), Step L to L side (6) eps R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8) de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	12:00 12:00 12:00 12:00 12:00 12:00 9:00 9:00 3:00
ep R to R side (3), Step L next to R (&), Step R forward (4) ep L to L side (5), Step R next to L (6) ep L to L side (7), Step R next to L (&), Step L backwards (8) exasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross ep R backwards (1), Step L next to R (&), Step R forward (2) ep L forward (3), ¼ turn L stepping R to R side (4) ep L forward (5), Step R on ball to R side (&), Step L to L side (6) ep S R behind R (5), Step R on ball to R side (&), ¼ turn R crossing R over L (8) ed with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	12:00 12:00 12:00 12:00 9:00 9:00 9:00 3:00
ep L to L side (5), Step R next to L (6) ep L to L side (7), Step R next to L (&), Step L backwards (8) pasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross ep R backwards (1), Step L next to R (&), Step R forward (2) ep L forward (3), ¼ turn L stepping R to R side (4) ep L forward (5), Step R on ball to R side (&), Step L to L side (6) ep S R behind R (5), Step R on ball to R side (&), ¼ turn R crossing R over L (8) de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	12:00 12:00 12:00 9:00 9:00 3:00
ep L to L side (5), Step R next to L (6) ep L to L side (7), Step R next to L (&), Step L backwards (8) pasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross ep R backwards (1), Step L next to R (&), Step R forward (2) ep L forward (3), ¼ turn L stepping R to R side (4) ep L forward (5), Step R on ball to R side (&), Step L to L side (6) ep S R behind R (5), Step R on ball to R side (&), ¼ turn R crossing R over L (8) de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	12:00 12:00 9:00 9:00 3:00
pasterstep, Step fwd, ¼ turn L, Side, Sailorstep, Sailor ½ turn R cross ep R backwards (1), Step L next to R (&), Step R forward (2) ep L forward (3), ¼ turn L stepping R to R side (4) eps L behind R (5), Step R on ball to R side (&), Step L to L side (6) eps R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8) de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	12:00 9:00 9:00 3:00
ep R backwards (1), Step L next to R (&), Step R forward (2) ep L forward (3), ¼ turn L stepping R to R side (4) oss L behind R (5), Step R on ball to R side (&), Step L to L side (6) oss R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8) de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	9:00 9:00 3:00
ep L forward (3), ¼ turn L stepping R to R side (4) oss L behind R (5), Step R on ball to R side (&), Step L to L side (6) oss R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8) de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	9:00 9:00 3:00
oss L behind R (5), Step R on ball to R side (&), Step L to L side (6) oss R behind L (7), ¼ turn R stepping L back (&), ¼ turn R crossing R over L (8) de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	9:00 3:00
de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x pp L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), pp R next to L & finish shimmy's (3), Clap (&), Clap (4)	3:00
de with Shimmy, Close, Clap 2x, Side with Shimmy, Close, Clap 2x ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	
ep L to L side (start shimmy shoulders) (1), Continue Shimmy's (2), ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	3:00
ep R next to L & finish shimmy's (3), Clap (&), Clap (4)	3:00
	0.00
D (- D -' l- 0 - (- (- l ' l l l /r)	
ep R to R side & start shimmy shoulders (5), Continue Shimmy's (6), ep L next to R & finish shimmy's (7), Clap (&), Clap (8)	3:00
ock & Cross 2x, ³ / ₄ Volta turn R, Ball Step	
ock R to R side (1), Recover on L (&), Cross R over L (2)	3:00
	3:00
	12:00
ock L to L side on ball (&), Recover on R (8)	12:00
oss & Rock 2x, Mambo & back, Shuffle back with Knee action	
	12:00
oss R over L (3), Rock L to L side (&), Recover on R (4)	12:00
ock L forward (5), Recover on R (&), Step L back (6)	12:00
ep R back & lift L knee (7), Step L next to R (&), Step R back & lift L knee (8)	12:00
ambo L & R, ¾ turn L (walking L, R, L, R, L)	
ep L to L side (1), Recover on R (&), Step L next to R (2)	12:00
ep R to R side (3), Recover on L (&), Step R next to L (4)	12:00
hile doing count 5 to 8 turn ¾ turn L	3:00
alk L (5), Walk R (6), Walk L (7), Walk R (&), Walk L (8)	
the 5th & 6th Wall you will do a restart after 32 counts, but count 32	
t	ck L to L side (3), Recover on R (&), Cross L over R (4) urn R stepping R forward (5), Step L on ball next R (&), ¼ turn R crossing R over L (6), p L on ball next R (&), ¼ turn R crossing R over L (7) ck L to L side on ball (&), Recover on R (8) oss & Rock 2x, Mambo & back, Shuffle back with Knee action oss L over R (1), Rock R to R side (&), Recover on L (2) oss R over L (3), Rock L to L side (&), Recover on R (4) ck L forward (5), Recover on R (&), Step L back (6) op R back & lift L knee (7), Step L next to R (&), Step R back & lift L knee (8) mbo L & R, ¾ turn L (walking L, R, L, R, L) op L to L side (1), Recover on R (&), Step L next to R (2) op R to R side (3), Recover on L (&), Step R next to L (4)