

Hey Seniorita

Choreographed by: Jonas Dahlgren (Sweden) & Raymond Sarlemijn (Norway/NL)

Music: Hey Seniorita" by The Koi Boys

Step Description: 48 Counts, 4 Wall Beginner Line Dance

Enjoy =D

Beats Steps

1-8: SIDE TOGETHER X2 V-STEP

- 1-2 RF Step R, LF Step Together
- 3-4 RF Step R, LF Touch next to RF
- 5-6 LF Step Diagonally out L, RF Step Diagonally out R
- 7-8 LF Step in place, RF Step in place

9-16 S2. SIDE TOGETHER X2 V-STEP

- 1-2 LF Step L, RF Step Together
- 3-4 LF Step L, RF Touch next to LF
- 5-6 RF Step Diagonally out R, LF Step Diagonally out L
- 7-8 RF Step in place, LF Step in place

17-24 3X WALKS FORWARD, KICK, 3 WALKS BACK TOUCH

- 1-2 RF Step forward, LF Step forward
- 3-4 RF Step forward, Kick LT forward
- 5-6 LF Step backwards, RF Step Backwards
- 7-8 LF Step Backwards, RT Touch next to LF

25-32 2 HIPS FORWARD, 2 HIPS DIAGONALLY BACKWARDS, TWIST DOWN, TWIST UP

- 1-2 RF Step forward, Make a hip bump forward (1) Make another hip bump forward (2).
- 3-4 Make a hip bump backwards, Make another hip bump backwards
- 5-6 Twist heels R, Twist heels L (Lower your knees on 5,6)
- 7-8 Twist heels R, Twist heels L (Raise your knees on 7,8)

32-40 K-STEPS, TURN ¼ R

- 1-2 Step Diagonally forward R (1), Touch RT next to RF, Clap (2)
- 3-4 Step Diagonally backwards L (3), Touch RT next to LF, Clap (4)
- 5-6 Step ¼ R with RF (5), Touch LT next to RF, Clap(6)
- 7-8 Step LF L, Clap (7), Touch RT Next to LF, Clap (8)

40-48 STEP DIAGONALLY FWD R, STEP LF L, WITH MACARENA ARMS

- 1-2 Step Diagonally forward R, Put R arm forward Palm down (1) Step L with LF, Put L arm forward Palm down (2)
- 3-4 Turn R Palm up (3), Turn L Palm up (4)
- 5-6 Put R hand on R hip (5), Put L hand on L hip
- 7-8 Roll hips in a circle clock wise, finish with weight on LF